

Volleyball

Category	Sport		Activity	Volleyball	Code: no
Identified Safety Risk	Likelihood & Consequence Descriptor	Risk Level	Managed Risk Level	Action Plan (What we will do to reduce this risk to an acceptable level)	Emergency Strategy (What we will do if this risk become an reality)
Fatigue/ Strains, & Cramps	Possible (B) Minor (4)	Medium (14)	Very Low (21)	<ul style="list-style-type: none"> • Monitor time spent doing activity. • Ensure adequate rest between activities. • Monitor all campers regularly for signs of fatigue. • Advise participants to bring bottled water • Have water available for participants 	<ul style="list-style-type: none"> • Follow Emergency Procedures • Apply First Aid • Inform Parent/ Guardian • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary
Trips/ Falls (Physical Injury)	Possible (B) Minor (4)	Medium (14)	Very Low (21)	<ul style="list-style-type: none"> • Ensure the activity location is age appropriate. • Ensure appropriate footwear is worn. • Leaders to be stay with the group at all times and maintain group control. • Leaders to scout out activity area in advance and remove any hazards prior to the commencement of the activity. • Participants are not to run unnecessarily before/ after activity. 	<ul style="list-style-type: none"> • Apply First Aid • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary • Inform Parent/ Guardian
Uneven Grounds	Rare (D) Moderate (3)	Low (17)	Low (20)	<ul style="list-style-type: none"> • Campers to be alerted of potential dangers. • Leaders to scout out activity area prior to activity and mark potential hazard areas with cones/ markers 	<ul style="list-style-type: none"> • Apply First Aid • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary • Inform Parent/ Guardian
Sunburn / Heat Exhaustion / Heat Stroke	Possible (A) Minor (4)	Medium (10)	Medium (15)	<ul style="list-style-type: none"> • Monitor and assess weather conditions regularly • Cancel, postpone, or stop the activity in the event of extreme weather conditions • Have adequate water available • Ensure that everyone is dressed appropriately for the weather conditions and length of activity • Sunscreen to be worn and available at all times 	<ul style="list-style-type: none"> • Follow Emergency Procedures • Apply First Aid • Inform Parent/ Guardian • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary
Physical Injury to Self or Other Participants	Unlikely (C) Moderate (3)	Medium (13)	Very Low (23)	<ul style="list-style-type: none"> • Any participant seen causing injury to others will be asked to no longer participate in the activity. • All activities will be supervised by leaders at all times • Obstacles, hazards, and furniture that can be removed from the activity area will be removed prior to the activity by the leaders. • The activity leader will explain proper behaviour and expectations of maturity before commencing. 	<ul style="list-style-type: none"> • Follow Emergency Procedures • Apply First Aid • Inform Parent/ Guardian • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary
Impact from volleyball	Unlikely (C) Minor (4)	Low (18)	Very Low (21)	<ul style="list-style-type: none"> • Participants are instructed not to purposefully direct any spikes towards people deliberately. • Participants are directed to keep their eyes on the ball at all times. To be alert. • Proper protective 'hits' will be taught before the game commences such as the set and dig. • Any participant seen hitting the ball and making contact with someone else deliberately will be asked to sit-out for a period of time. 	<ul style="list-style-type: none"> • Apply First Aid • Track Patients Recovery • Seek Emergency Medical Assistance if Necessary • Inform Parent/ Guardian