

How to Start

a SUPA or ISCF lunchtime group

1 Prepare

Apply to be a part of the SU Family! Approval from SUNSW gives you access to free resources, credibility, DoE compliance, insurance and ongoing support.

To register, visit [Volunteer with SUNSW](#) and click on your school. If it is not listed, please contact us.

Get your team together. It's great to have 2- 3 people to keep continuity if you can. Please ensure they also apply to be registered with SUNSW.

2 Pray

Prayer is a vital, powerful foundation to Schools' ministry. Ask people to join in regularly praying for you, your group and the school community- invite pastors, youth leaders, parents, Christian staff, SRE teachers, chaplains...



Connect with SUNSW prayer ministries:
[SU Pray](#) [School Prayer Groups](#)

3 Principal Permission

Request permission from the school principal for a group to run. Share with them the [Schools Info form](#), our [permission notes](#) and [testimonials](#). Affirm that you will support all the school's regulations, safety measures & child-safe policies. SUNSW are happy to support you through this process providing letter templates, moral support and advice.

Check the [SUNSW schools page](#) for :

all relevant schools forms, Ten TOP TIPS for your lunch group and info on upcoming events

For more information:

sunsw.org.au online
schools@sunsw.org.au email
(02) 9638 9000 phone
(9am to 5pm, Mon-Fri)

Get in Contact

4 Plan

Plan your SUPA/ISCF:

- What program resources will you use? Order lunchtime group specific resources free from SUNSW [here](#)
- What are the aims of your group? Who are you reaching? Aspire to be inclusive, fun & relational, not neglecting Bible reading & prayer.
- Where and when will your group meet?
- How will your meetings run? Eg Ice- breaker/ Game -> Bible time eg.Chat- a- box -> prayer.



SUNSW can connect you with experienced leaders if you'd like to ask questions and voice ideas.

5 Promote

Promote your group to the school community. Check with your principal about how they'd like you to advertise in the school. Some ideas might include:

- Putting up [posters](#), flyers, and notices in the school newsletter or student notices
- Hand out permission notes in SRE classes.
- Make announcements at assembly or in roll call.
- Place a notice in local church newsletters or at youth groups.



6 Parent Permission

Collect permission notes (check out our [QR code option on the ISCF form](#)) and keep a [roll](#) every week.

Students are only able to attend lunch groups with permission from their parent/guardian. Similarly, permission must be granted to photograph/video.